

**Holy Gnan Verses Pertaining to Shukr-Vaari Beej
from Pir Shams's Saloko Moto**

Ya Ali Madad! The practice of fasting for a spiritual cause has a very, very long history. This can be traced from the 'Hasna Puri' granth composed by Pir Hasan Kabirdin (r.a.). Pir says that in the first age (Karta Jug), fasting was observed on Tuesday (Verse 13); in the second age (Tetra Jug), it was observed on Sunday (Verse 51); in the third age (Duapur Jug), it was observed on Monday (Verse 121); and in this fourth age (Kal Jug), it is being observed on Friday (Verse 144).

Shukr-vaari Beej is observed when the night of the new moon (Chandraat) falls on Friday. Ismaili Muslims fast on this day and observe Chandraat with special prayers. The basis of this practice can be found in the following verses of gnan from Saloko Moto composed by Pir Shams (r.a.).

Sa**tgur** Kahere
Sa**tnu** vrat**t** shukr-vaari beej chhe
Ane baar pahor pura jaan
Ar**dho** aahaar kari je raakhshe
Te paamshe amar thaam re 178

The True Guide says
The vow of Truth is to observe shukr-vaari beej.
The fast is for 12 pahor, i.e., 36 hours*.
Start your fast with a half filled stomach
For this vow of Truth, you will gain the Eternal Abode

*The **fast is compulsory** for all able bodied persons and, at present, the period of fasting is **12** hours instead of 36 hours.

Sa**tgur** Kahere
Saheja **da**anaj **dijiye**
Ane **dije gat** gur mukhe jaan
Va**ri gat** maa(n)he shukr-vaaru beej chhodsho
To paamsho moksh **di**daar re 179

The True Guide says
Offer charity and submit tithe from pure incomes
Break the fast in Jamat Khana*
For this act of piety, you will attain salvation and didar

*At the present, the fast is broken at 6.00 pm in some parts of the world. The latitude to break the fast at 6:00 pm rather than with aab-e shifa in Jamatkhana is not automatic and has only been instituted in some Jamats and even then, only with the permission of the Mukhi saheb. In many of the world jamats, roza continues until broken in Jamatkhana, as has always been the traditional practice.

Sa**tgur** Kahere
Chaar murate **dhramaj thaapiyo**
Te sa**tgur** Brahmaji aapohi aap
Shukr-vaari beej je **thaapshe**
Tene moksh mooga**tnu(n)** thaam re 183

The True Guide says
The True Guide has established the order of religion
throughout the four corners of the world
It is indeed the True Guide, the Universal Soul,
who has established this act of piety
Those who observe Shukr-vaari beej will attain salvation

Sa**tgur** Kahere
Shukr-vaari beej je koi kal maa(n)he **thaapshe**
Ane **thaapshe** pure vishvaas
Te jivne mooga**taj thaashe**
Ane sahi **thaashe** amaaro **didaar** re 184

The True Guide says
If you observe and believe in shukr-vaari beej in this day and age, and if you fast
with a clean and pure faith,
then your soul will be freed from the bondage of this earth and you will be blessed
with our didar

Supplication:

Ya Ali, Ya NOOR Mowlana Shah Karim Al-Hussaini Hazir Imam, create Sunshine in
our hearts, light in our foreheads, and bless us all with the inner vision of the Truth
on the auspicious occasion of Shukr-vaari Beej. Ameen.

Peace, light, barakat, taid and a 'golden noorani didar',
Noorallah Juma

Sources:

Transliteration: Saloko Moto composed by Pir Shams. English transliteration of
the Gujrati book originally published by the Ismaili Printing Press, Bombay.
Anonymous author. Publication date not available. Book obtained through the
ITREB Literature Desk in Edmonton, Alberta.

Translation: Festival and 50 ginans, Bavan Bodh, Sahi Samaraani and So Kriya:
Transliteration, translation & glossary. Edited by Mohamed Sachedina and Zeitun
Sachedina. 1993. Printed and published by Zulfiqar Publications, Calgary.