

## **How To Advance Spiritually in the New Year?**

**(PDF version of Candle Posting No. 126)**



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#### **Bismillahir Rahmanir Rahim**

In the name of Allah, the Most Beneficent, the Most Merciful.

Ya Ali Madad. On the occasion of Idd-e-Navroz 2014, may the peace and baraka of NOOR Mowlana Hazar Imam be on you, your family, your Jamat, the Worldwide Jamat. Ameen.

Let us reflect upon the spiritual dimension of our existence by thinking about the subtle body, satisfaction of the soul and higher spiritual enlightenment on this auspicious day and develop a strategy to advance spiritually in the coming year!



<p>Aayo vasant Vanaspati mahori Nur varse dil taysa -Pir Sadardin</p> <p>The festival of spring- Navroz- has brought Blossom and growth In the vegetable kingdom Similarly The hearts of Momins Overflow with The Divine Light</p>	<p>May the festival of <b>Navroz Mubarak</b></p> <p>Bring abundant growth In your worldly life <i>And</i> Manifestation of Divine Light In your spiritual life</p> <p>- Alwaez Amiraly Amlani</p>
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Alwaez Rai Amiraly Amlani created a beautiful card with a verse of ginan by Pir Sadardin in 2005. The Holy Pir has used the analogy of rejuvenation of vegetation in spring to the enlightenment of soul. The soul is buried in our physical body and is yearning to go back to its origin where it be eternally alive as described in the following ayat of the Holy Qur'an:

**"It is He Who gave you life, will cause you to die, and will again give you life: Truly man is a most ungrateful creature!" (Holy Qur'an (Yusufali's Translation): 22.66)**

All of us have a hope of reaching and living in paradise. In order to achieve this, we have to go through three types of purification:

1. **The replacement of the dense body by the subtle body.** Each one of us has a subtle body which is inside our physical body. In order to enter or experience paradise, the subtle body needs to be developed through bandagi and ardent practice of faith. Those who develop their own subtle body, while being physically alive, will get a great reward of having a powerful subtle body in paradise.
2. **The blessings of the satisfied soul,** i.e., obtaining the blessing of reaching the status of the soul which is purified and reconciled. The status of satisfied soul is reached when commanding soul, i.e., the soul which incites to evil, is defeated by the censuring soul, i.e., the soul which advocates conversion. This is defined as Jihad-i Akbar, the most glorious war which one wages against his own vile instincts (nafs-i ammaara). The blessings of a satisfied soul are reached after winning this internal war.
3. **Perfection of Intellect with Light.** The satisfied soul is then perfected with Light of God. The definition of the intellect in the above sentence is related to enlightenment and not to the acquired intellect through secular education. The subtle body which gets enriched with Light becomes an eternal force in the universe.

May the Almighty Lord guide and advance all of us through three kinds of purification in the New Year. Ameen.

**Haizinda – Qayampaya**  
**(Our Present Imam is Living and His NOOR is Eternal)**

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Rakh Mowla je Noor te Yaqeen (Certainly, we trust in Mowla's Light only),  
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